

YEOVIL SPRING FESTIVAL 2024

DAY 1 – Saturday 30th March 2024

Timetable – hurdles, steeplechase, 800 and 100

Time	Event	Age Group
11:00	800m	All – seeded races
12:20	110H	SM
12:30	110H	U20M, M35-49
12:40	100H	U17M, M50-59
12:45	100H	U20W, SW, W35-39
12:50	80H	M60+
13:00	80H	U15B
13:10	75H	U17W, W40-49
13:20	70H	W50-59
13:45	300H	U15G
14:00	400H	U13B
14:05	400H	U13G
14:10	400H	U17W, W50-59, M60-69
14:15	400H	SW, U20W, W35-59
14:30	1500 S/C	U17M, M50-59
14:40	1500 S/C	U20M, M35-49
14:50	2000 S/C	SM
15:05	3000 S/C	U15B, U15G
15:20	3000 S/C	U20W, U17W
15:35	2000 S/C	U20W, SW
15:50	2000 S/C	SW
16:00	1500 S/C	SM
16:20	100m	U20M
		U18M
		U17M
		All – seeded races

Timetable - Field

10.30 Hammer

11.30 Long Jump – less than 5m

12.30 Shot Put – U20 and senior

14.00 Discus

14.15 High Jump - female

14.30 Long Jump – 5m and above

16.15 Shot Put - U13, U15 and U17

16.15 High Jump - male

Seated throws on application